

COMS CONNECTIONS

Summer
2013

The official publication of the Connecticut Osteopathic Medical Society

President's Update



I trust that this newsletter finds you well and we hope to hear from you. Our Osteopathic community in Connecticut is growing in graduate and undergraduate medical education. With ECHN hosting 3rd year clerkships for medical students from UNECOM and the addition of Osteopathic Traditional Rotating Internship and Family Medicine Residency programs to start this year, there is an increased need for Osteopathic training support. Additionally, UConn continues to strengthen its Osteopathic ties through recruitment of DOs in its residency training; UConn has 11 DOs entering the Internal Medicine program this year (of 44 total PGY-1 residents); 6 of these 11 are in our Osteopathic Internal Medicine and Internship programs.

Through COMS, we are establish-

ing research funding for Osteopathic students and residents. Please consider donating to COMS to build our research funding potential. Your membership in COMS will help support this initiative. With the growing need of training opportunities, let us know if you are willing to host a student or resident in your practice. This is both needed and greatly appreciated. Additionally, please inform myself or let Sally Podolski know if you are willing to host a pre-medical student for shadowing a DO.

In conjunction and with support of the AOA, we have had an increase in our political voice for our profession at the state level. Nationally, we send representatives annually to the AOA House of Delegates meeting in Chicago to advocate for our Osteopathic colleagues. For those with local

political interests or concerns, please contact Joe Podolski, DO, who heads our Political Advocacy Committee.

We offer an annual CME conference via ROME New England. This is a joint venture with Massachusetts' and Rhode Island's Osteopathic societies and the AOA. Through this cooperation, we have been able to combine our resources, expand our speaker pool, and are now part of a regional conference. Last year, we had over 200 attendees for our ROME conference in Newport, RI. The first two years have been successful and we hope to build from these roots. Please contact a member of the ROME conference planning committee, Sally, or myself if you would like to participate as a speaker for a future program (or if you know a good speaker we should hound...invite).

ECHN Student-Resident Get Together (see Better Late Than Never, p.3)



Did you know that Connecticut has over 600 licensed DOs practicing in the state? Do you know that less than 1 in 6 DOs are members of our state's Osteopathic Society (COMS)? For those that are members, thank you. I would like to hear from you for ways to improve our society and appreciate any involvement you are willing to invest; additionally, invite a friend to join. For non-members, please consider supporting your profession by becoming a member and getting involved.

I ask you to reconnect with your Osteopathic colleagues in Connecticut and support our profes-

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DID YOU KNOW....

Andrew Yuan, DO, a Rehabilitation Medicine specialist and member of COMS, was named by Connecticut Magazine as one of the Top Doctors of Connecticut for 2013. Dr. Yuan practices in Fairfield, Connecticut and is a graduate of Ohio University Heritage College of Osteopathic Medicine. Over 5,000 questionnaires were sent to doctors in Connecticut asking them who they would recommend a loved one to for expert medical care – other than themselves. This year's survey focused on the following eight (8) specialties: colorectal surgery, obstetrics and gynecology, oncology and hematology, otolaryngology, physical medicine and psychiatry, radiology, rheumatology, and anesthesiology and pain management. The physicians receiving the most votes in each category were listed as Top Doctors.

Congratulations Dr. Yuan!



President's Update *(cont'd from front page)*

sion. We will be reinitiating society social gatherings on a quarterly basis as additional opportunities to network and enjoy an evening out. Stay tuned for our 1st of these meetings at the end of September. Whether an active member or not yet, please send us your updated email contact that we may notify you of upcoming events and please make sure we have your practice information. I frequently receive requests for local Osteopathic physicians throughout the state; help me help you!

Please “pay it forward” by joining our society and strengthening our network. Become a speaker for ROME or if you are giving a presentation locally, let us know that we may join you. Please check out our website at www.ctosteopathic.org for news and updates. Thank you for your support of our profession!

Lastly, I'd like to recognize a few people. I thank Patricio Bruno, DO, who was instrumental in launching the Osteopathic Programs at ECHN. We appreciate his contributions, and while he has relocated out of state, he leaves the foundation in good hands with Nick Palermo, DO, and Joe

Podolski, DO, at the helm of these programs. Please offer them your support. I also welcome Jaclyn Cox, DO, a graduating resident from UConn's Osteopathic Internal Medicine Residency, who will be assuming leadership in the UConn Osteopathic training programs. I will continue in my role as AODME. Thank you to all involved with Osteopathic education in our state!

Wishing you success and good health,

Gregory R. Czarnecki, DO

Starting at ECHN in June:

The Traditional Rotating Osteopathic Internship and Eastern Connecticut Family Medicine Residency Programs

Nicholas Palermo, DO, Program Director for the Eastern Connecticut Health Network (ECHN) Family Medicine Residency Program, and Joseph Podolski, DO, Director of Medical Education and Program Director for the traditional Rotating Internship, are pleased to announce that both programs will officially begin on June 24. Sixteen interns and residents from all over the county will join at Manchester Memorial Hospital for a one week orientation before they officially begin their clinical rotations on July 1. "We will have five rotating interns, who will train for one year before moving on to their specialty training areas, i.e., anesthesiology or surgery, etc., at other facilities," said Dr. Palermo. "In addition, we have 11 other physicians who will be working toward certification in Family Medicine. This is ECHN's first residency program ever."

The interns and residents will complete the majority of their inpatient and outpatient training through-

out our medical community. They will practice in a continuity of care clinic at ECHN's new Family Health Care Center, which is located at 130 Hartford Road, Manchester. All health insurances will be accepted at the Center.

The Program will have its own teaching service, which will operate in the same way as the present Hospitalist Service. "Our goal is to create the old-fashioned continuity of care," said Dr. Palermo. "Patients admitted from the Family Health Care Center or those who choose our services will be followed by the resident and a Family Medicine Residency inpatient teaching physician."

"Also, at the new Family Health Care Center, our intern and resident physicians will be performing pre- and post-natal care, as well as participating in and following closely all obstetrics and deliveries," Dr. Palermo explained. "The ECHN Medical Staff OB/

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(from page 1)

Better Late Than Never, As The Saying Goes

An ECHN student and resident get together, originally planned for February, had to be postponed because of a strong winter storm that hit the state. On March 16 faculty, residents, and students were finally able to enjoy an afternoon at The Adams Mill Restaurant in Manchester.

1. **Dr. Nicholas Palermo**, ECHN Program Director for the Family Medicine Residency Program;
2. **Elizabeth Otmaskin**;
3. **Katie Clouthier**;
4. **Brian Carroll**;
5. **Julia Dombrowski**;
6. **Ryan Doyle**;
7. **Ruth Welch**;
8. **Dr. Joseph Podolski**, Director of Medical Education and Program Director for Rotating Internships



Join your friends and colleagues in Boston, also known as America's Walking City, from August 15 – 18. 2013 marks the third year the Connecticut Osteopathic Medical Society (COMS) is partnering with the American Osteopathic Association and the state Osteopathic societies of Massachusetts and Rhode Island to co-sponsor the New England Regional Osteopathic Medical Education (ROME®) Conference. The planning committee has incorporated this year's theme of RENEW the DO in YOU and included topics that highlight how physicians can improve their

ability to help themselves and their patients. Presentations will examine the medical impact of disasters and tragedies, how the Affordable Care Act will affect your practice, and strategies for working with insurers. Tracks will also be offered on state mandates, an Internal Medicine update, and an OMT lecture and workshop. The program kicks off Thursday evening, August 15, with a Risk Evaluation and Mitigation Strategy (REMS) Workshop. In addition, physicians registered by August 6 may elect to attend an ACLS Recertification Workshop for an additional \$80.00 fee.

It's easy to sign up. Information, details, and online registration can be found on at

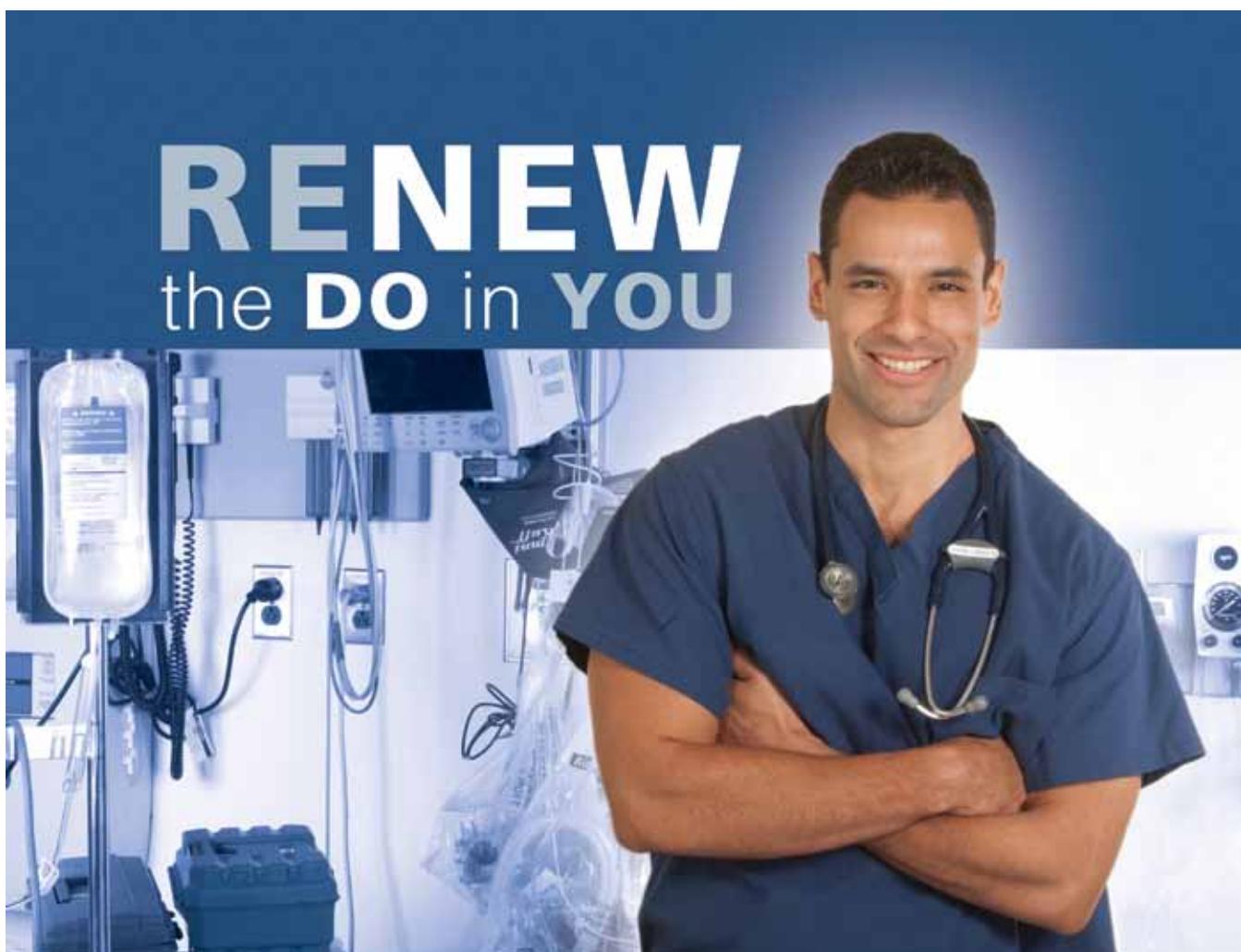
www.ctosteopathic.org,

or visit the AOA's website at

www.osteopathic.org/ROME.

Online registration closes Tuesday, August 6. On-site registration will be available; however ACLS registration closes August 6.

ROME²⁰¹³ New England



PRELIMINARY PROGRAM

ROME NEW ENGLAND August 15-18, 2013

Thursday, August 15	WORKSHOP	SPEAKER	SPECIALTY
4 - 7:30 p.m.	Registration		
7 - 10 p.m.	REMS Workshop Track Extended-Release and Long-Acting (ER/LA) Opioid Risk Evaluation and Mitigation Strategy (REMS): Achieving Safe Use While Improving Patient Care <i>NOTE: To be considered a REMS completer by the FDA, an attendee must attend the full three-hour CO*RE REMS program and take the assessment.</i>	Jennifer Caudle, DO Pamela Grimaldi, DO	FM FM/OMT
Friday, August 16			
6:30 a.m. - 4:30 p.m.	Registration		
6:30 - 7:30 a.m.	Continental Breakfast - Exhibit Floor		
7 - 7:15 a.m.	Welcome & Introduction to the Conference: Renew the DO in You		
7:15 - 8:15 a.m.	Internal Medicine Updates Track (Part 1) Difficult Cases in Oncology	Suzanne Berlin, DO	IM/ON
8:15 - 9:15 a.m.	Management of Chronic Kidney Disease	Eduardo de Silva Haddad, MD	IM/NEP
9:15 - 9:45 a.m.	<i>Exhibitor Break</i>		
9:45 - 10:45 a.m.	Recognition and Management of Rheumatoid Arthritis in 2013: How Close are we to the Goal of Preventing Progression in all Patients?	Charles Radis, DO	IM/RHU
10:45 - 11:45 a.m.	COPD Update	Mark Henschke, DO, PharmD	IM
11:45 a.m. - 1 p.m.	State Mandates & Changes in Medical Practice Track (Part 1) Luncheon Speaker - Ethics	Michael Felder, DO, MA	FM
1 - 1:45 p.m.	Getting to "Yes" with Insurers	Polly Leonard, DO	FM
1:45 - 2:45 p.m.	Internal Medicine Updates Track (Part 2) Diabetes: Medications and Treatment Updates	Darrin D'Agostino, DO, MPH	IM
2:45 - 3:30 p.m.	<i>Exhibitor Break</i> Connecticut Osteopathic Medical Society Annual Membership Meeting		
3:30 - 4:30 p.m.	Compounding Pharmacies: What Physicians Need to Know - Risks & Benefits	Paul Tortland, DO, FAOASM	FM, OMM, SM
4:30 - 5 p.m.	OMT: Internal Medicine Section Recap	Darrin D'Agostino, DO, MPH	IM
5 p.m.	Reception in Exhibit Hall		
6:30 p.m.	Connecticut Osteopathic Medical Society - Board Meeting		
Saturday, August 17			
7 a.m. - 3:30 p.m.	Registration		
7 - 8 a.m.	Continental Breakfast - Exhibit Floor		
8 - 9 a.m.	State Mandates & Changes in Medical Practice Track (Part 2) End of Life Care: The Principles of Pediatric Palliative Care	Karen Fauman, MD	PD, HPC, PCC
9 - 10 a.m.	Health Care Reform: Impact on Practicing Physicians	Richard Pieters, MD, MEd, FACR	RO, TP, HPC
10 - 10:45 a.m.	<i>Exhibitor Break</i> Rhode Island Society of Osteopathic Physicians and Surgeons Annual Membership Meeting		

Saturday, August 17 (Continued)

		SPEAKER	SPECIALTY
10:45 - 11:45 a.m.	Medical Impacts of Disasters and Tragedies Track Disaster Medicine	Franklin Hubbell, DO	FM
11:45 a.m. - 12:45 p.m.	Long-Term Effects of Disasters and Tragedies	Stefan E. Schulenberg, PhD	
12:45 - 2 p.m.	Luncheon & Presentation: Boston Marathon Bombing: Medical Preparation & Teamwork	Martin Levine, DO, FACOFP dist.	FM
2 - 2:15 p.m.	OMT: Section Recap	Martin Levine, DO, FACOFP dist.	FM
2:15 - 3 p.m.	<i>Exhibitor Break</i> Massachusetts Osteopathic Society Annual Membership Meeting		
3 - 6 p.m.	ACLS Recertification Workshop (<i>requires advanced registration and additional fee</i>)	Al Peterson, American Safety Programs & Training	

Sunday, August 18

7 - 8 a.m.	Continental Breakfast		
	OMT Workshops		
7:30 - 9 a.m.	Alexander Technique - OMT Lecture & Workshop	Katherine Breen	
9 - 9:15 a.m.	<i>Break</i>		
9:15 a.m. - 12:15 p.m.	OMT for the Lower Extremities	George Pasquarello, DO, FAAO	NMM/OMM
12:15 p.m.	Conference Concludes		

SPECIALTIES:

- FM** - Family Medicine
- FM/OMT** - Family Medicine/Osteopathic Manipulative Treatment
- HPC** - Hospice and Palliative Care
- IM** - Internal Medicine
- NMM/OMM** - Neuromusculoskeletal Medicine/Osteopathic Manipulative Medicine
- PCC** - Pediatric Critical Care
- PD** - Pediatrics
- RO** - Radiology/Radiation Oncology
- SM** - Sports Medicine
- TP** - Therapeutic Radiology

INTERNAL MEDICINE SUB-SPECIALTIES:

- IM/END** - Endocrinology
- IM/NEP** - Nephrology
- IM/ON** - Medical Oncology
- IM/RHU** - Rheumatology

ROME 2013 PLANNING COMMITTEE:

- | | | |
|--------------------------------|----------------------------|----------------------|
| William S. Mayo, DO, Chair AOA | Pam Grimaldi, DO, MA | Cara Riddle, DO, CT |
| John Chang, DO, MA | Christina Kozar, DO, CT | Joey Rottman, DO, MA |
| Karl Felber, DO, RI | George Pasquarello, DO, RI | |
| James Griffin, DO, RI | Joseph Podolski, DO, CT | |

Legislative News

The American Osteopathic Association (AOA) and the Connecticut Osteopathic Medical Society (COMS) sent four letters regarding two bills during the 2013 legislative session for Connecticut which adjourned on June 5th. The AOA and COMS sent a letter in support of SB 858, which would require individual and group health insurance policies to provide coverage for health care services delivered through telemedicine to the same extent coverage is provided for such advice, diagnosis, care or treatment when provided through in-person consultation. This bill failed to pass through the House and died in committee. The AOA and COMS sent a letter in opposition of HB 6391, which would eliminate the requirement that APRNs must enter into a collaborative agreement with a licensed physician. The bill would have allowed APRNs to diagnose and treat patients and prescribe medications. This bill also died in committee at the end of the legislative session.

The AOA also tracked other bills related to continuing medical education (CME), death with dignity, health care reform, medical liability reform and noneconomic damages caps and prescription drugs. SB 452, HB 5229, HB 5318 and HB 5521 all would limit the recovery of noneconomic damages resulting from personal injury or wrongful death in cases where injury or death resulted from alleged negligence of the health care provider or health care institution. No bill made it out of committee.

Scope of Practice Lawsuits

Two rulings impacting scope of practice were recently decided, one in federal court; the other in state court.

The United States Court of Appeals for the Fourth Circuit of the United States issued a decision on May 31 in the case of North Carolina State Board of Dental Examiners vs. Federal Trade Commission. The North Carolina State Board of Dental Examiners (the Board) was petitioning for review of an earlier decision by the Federal Trade Commission (FTC) that found the Board had engaged in unfair competition in the market for teeth-whitening services in the state. The original issue revolves around the Board attempting to prevent persons unlicensed as dentists in the state from providing teeth-whitening services, which resulted in FTC involvement.

As part of the Appeals Court's ruling, it decided that the Board is not exempt from antitrust laws under the state action doctrine, because the Board was not a state actor. This decision was in part because of the way the Board was established. Dentist members on the Board are not appointed by the state's Governor, but instead elected by other dentists in the state. Additionally, board members must be actively practicing and involved in the market place. This entanglement in the marketplace and lack of government involvement in the appointment of members resulted in the Board needing to show active supervision by the state. The court ruled that the board failed to demonstrate active supervision.

The Iowa Supreme Court issued a ruling in Iowa Medical Society vs. Iowa Board of Nursing. In this case, several physicians groups challenged the Iowa Board of Nursing and Iowa Department of Health's regulatory rules that allowed advanced registered nurse practitioners (ARNP) to supervise fluoroscopy procedures. The Iowa District Court invalidated the regulations, and the Iowa Board of Nursing appealed to the Iowa Supreme Court. The main issue on appeal was whether the district court correctly reversed the nursing board's determination that APRN supervision of fluoroscopy procedures was "recognized by the medical and nursing professions" within the meaning of Iowa Code § 152.1(6)(d). The Iowa Supreme Court showed great deference to the Board of Nursing and reasoned that the plain language of Iowa Code § 152.1(6)(d) allowed the nursing board to decide whether the medical and nursing professions had recognized a particular practice. Additionally, the Iowa Supreme Court said that the legislature had given express authority to the Board of Nursing to make these types of decisions.





Connecticut Osteopathic Medical Society

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Starting at ECHN in June *(cont'd from page 3)*

GYNs are graciously backing up all care.”

“As you can see, the Family Health Care Center will treat all age groups, from newborns to the elderly,” said Dr. Palermo.

Also on staff will be a C-NMM/OMM (certified neuromusculoskeletal medicine/osteopathic manipulative medicine) specialist, Dr. Lilia Gorodinsky, who will be ECHN’s new Medical Director of Rehabilitation Services. The Family Health Care Center will also be equipped for minor procedures, such as cryosurgery, minor lacerations, skin biopsies, etc.

“It is **VERY** important for the staff at ECHN to completely understand that these interns and residents **ARE physicians** and not students,” stressed Dr. Palermo. “The interns and residents participating in MMH graduate medical education training programs are functioning under a permit issued to MMH by the Department of Public Health. During the first few months of training, all orders issued by the interns and residents will be countersigned by the attending, and if they are to perform any procedures, they will be directly proctored by our Family Medicine Residency Program attending physicians. And after a certain number of directly supervised procedures, the attending will sign off that this particular resident can now perform a procedure with the direct supervi-

sion of an attending. The nursing staff and other medical personnel will be informed when the intern or resident has achieved competency to perform a procedure independently. Family Medicine Residency Program attending physicians will be available throughout the program for resident teaching and supervision.”

“We will provide a list of all acceptable procedures that the residents will be allowed to do both with and without supervision for each nursing unit,” said Dr. Palermo. “An example might be performing arterial blood gas samplings (ABGs) or starting IVs, etc.”

If you have any questions regarding this program, you may reach Dr. Palermo or Dr. Podolski at 860.633.6559.